Drink Sour Milk or Pure Buttermilk, and Keep Your Conscience Clear.

IS THE NATURAL LIMIT.

God Fixed It at 120, Psalmist at 70. Declares Aged Bishop Fallows.

Follow These Rules And Live 120 Years.

Rules for a life of 120 years' duration laid down by Bishop Fallows, founder of Christian

1 .- Drink sour milk or buttermilk two or three times a day. 2-Avoid too strenuous living. 3-Go to bed early and get up with the rising sun.

4. Take plenty of exercise of kind not associated with your ictual employment.

5. Obey rigidly the laws of hy-6.-Keep a clear conscience.
7. Love God and be square

cith your fellowman. 8. Drink some more sour milk The Bishop says he culled the above rules from the Bible, a newly published book by Prof

bishop Samuel Fallows, of Chicago, has no doubt or hesitation in announcing that he has found the secret of program human life to 120 years, thereabouts. The prelate, who is now the chicago of pure buttermilk should be drunk before had served him with a warrant twice or three times a day.

"He declares that fifty years would be added to the lives of aged persons if they did so. Now in the Old Testation of this city, yestermined they added to the prophet hours later."

The prelate, who is now the original source of a constant with a warrant twice or three times a day.

"He declares that fifty years would be added to the lives of aged persons if they did so. Now in the Old Testation."

The prelate, who is now the original served him with a warrant twice or three times a day.

"He declares that fifty years would be added to the lives of aged persons if they did so. Now in the Old Testation." thereabouts. The prelate, who is now ment, just after the flood, the prophet hours later.

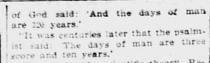
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SHOES

SHE DISPLAY IN OUR WITH AVENUE WINDOWS

Elie Metchnikoff, a scientist, and

science in general.



Now, as to the scientific theory, Research has proved that the multiple of adoles ence in animals is s.x. That is, hey ordinarily live six times the length of their infancy. Man reaghes maturity at twenty years. Multiplying that by six gives 120 years, the natural age of man, according to the laws that govern animals of the lower orders.

Now, with man the multiple is only three and a half-that is, if he reaches maturity at twenty he has lived almost a third of his existence according to that man does not live naturally and des not take the proper precautions

The rules of the average Chicagoan for reaching 120 years are: Late hours, xtravagance, worry, intemperance, su

Moves Books, Furniture and Picture of Himself to Prince George.

apartments at the Hotel Prince George "Metchnikoff, one of the professors in in East Twenty-eighth street, and exthe Pasteur Institute in Paris, is the pects to make her home there until

greatest exponent in the world of the her divorce suit is disposed of.
theories of Darwin," said Bishop FalHer suite is in the upper part of the lows, in discussing his new ideas. It hotel, and in it she will have her furniis his business to hunt up diseases and ture and books from the house she has just given up, No. 446 Park avenue. In a new book Metchnikoff points out She devotes a great deal of time to

that the reason men do not live to a reading and study.

great age is because under modern conThe portrait which is being painted of ditions the arteries harden with ad- her by Ben All Haggin, to be called vancing age, due to deposits of calcare- "The Mouse," is said to differ from any "The Mouse," is said to differ from any of the numerous ones antherto painted of the numerous ones antherto painted for this condition is sour milk. The sheaths of the arteries are softened by the milk. The principle, he says, is as sound as the virus theory in hydrophobia, and antitoxia and vaccination for other allments.

"The Mouse," is said to differ from any of the numerous ones antherto painted to the n

"Metchnikoff declares that sour milk presence of a constable who a mome

the present standard and length of life. with his wife and two children in a That is not a disinfectant. Use a prepa-This is not natural and the reason is rear flat on the sixth floor of No. 1473 ration like CN Disinfectant, a non-poi-Pifth avenue, after attempting to kill sonous germicide derived from coal tar himself with gus to-day, leaped f: in creosote, recognized best for hor the window of his hom and prunged in selecting a disinfectant you should severe feet to the payement of a consider the following points: (1) its

wife dragged min from the would be gas.

The painter persisted that he would be like bimself, and the wife went to the rooms of a neighbor and begged her to sanction ther prother. While she was believe to the neighbor her two little

children and rushed screaming to the

You Must Disinfect If You Want Health

Many diseases which appear in the spring of the year could be prevented by proper disinfection in the home. But don't use a "Smell Destroyer." ourtyard. His arms and legs were strength as a germicide; (2) it must be proken, and he died in the Harlem Hos- non-poisonous; (3) must be easily applied by any one; (4) must be economi-

Mrs. Ehrensberg was awakened by the smell of gas. The misses her husband and hurried into the kitchen, to which she traced a odor. She found am swering all these requirements, it is used more than any other.

of which he had turned on. His The Non-Poisonous Germicide Drug

he window.
The frantia mether gathered up her WEST DISINFECTING CO. (luc.)



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